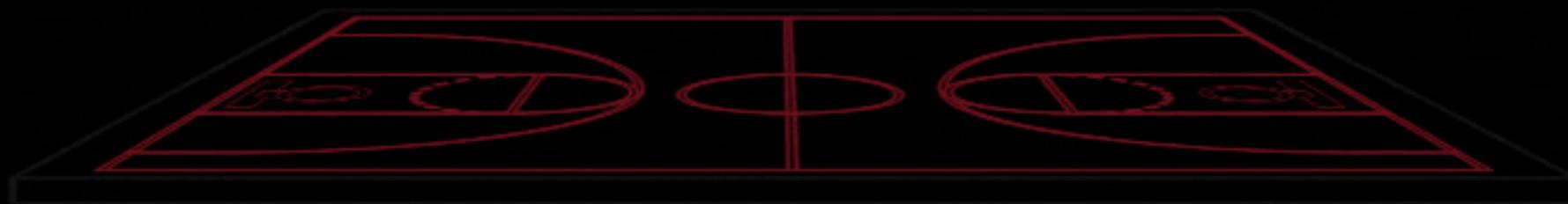


Family



Checkpoint Charlie



One Success
One Support



Our WORDS

Brent, Issac	RESILENT
Broughton, Thomas	MINDSET
Brown, Brooks	SERVE
Brown, Danny	BUSINESS MAN
Caudill, Brooks	BODY LANGUAGE
Chaudhari, Jayden	LAZY
Dreier, Jordan	PRESENT
Higenbotham, Graham	FORGET
McCarter, Will	GRITTY
Moore, Blake	SOFT
Nava, Matt	LEADER
Parker, Drew	CONSISTENCY
Stallings, Dallas	SCRAPPY
Stepan, Sam	FARTHER
White, Braden	ATTITUDE

Allen, Parker	TIMID
Anderson, Caleb	PHYSICALITY
Cadet, Drake	EFFORT
Doetzer, Will	CALM
Erickson, Tyler	SMALL
Green, Asher	PURSUE
Hickey, Max	PATIENT
Moss, Canon	LAZY
Roberts, Chase	CONFIDENT

Bassett, Matthew	
Collier, Garrett	TOGETHER
Femia, Peter	HUSTLE
Fletcher, Charlie	HUSTLE
Fong, Jacob	EFFORT
Gentry, Tristan	EFFORT
Quarles, DJ	FAITH
Roberts, Heath	HUSTLE
Rothrock, Coy	DETERMINATION
Rowan, Ben	COMPETE
Ruane, Brayden	IMPROVE
Patterson, CJ	CONSISTENCY
Taylor-Fleming, Wesley	COMMITMENT



i am because we are

UBUNTU

A person is a person through
connection with others.'

10 Ways to PRAISE THE PROCESS

By Greg Berge

Do you praise the process? By praising the process, you reinforce what leads to long-term success and create a culture where the process - not just the result - is the priority. Here are 10 Ways to Praise the Process.

1: ACKNOWLEDGE SPECIFIC EFFORTS - Instead of saying, "Good job," highlight their actions: "Your defensive positioning was spot on all game."

2: CELEBRATE GROWTH - Point out improvement: "You've come so far in your footwork. It's paying off."

3: REINFORCE TEAMWORK - Praise collaboration: "The way you communicated on the court today was outstanding."

4: RECOGNIZE RESILIENCE - Focus on persistence: "You didn't quit after that tough start, and it showed in the second half."

5: APPLAUD PREPARATION - Highlight their readiness: "The way you attacked practice this week set you up for today's performance."

6: FOCUS ON ATTITUDE - Celebrate effort and energy: "Your hustle and positivity lifted the whole team."

7: HIGHLIGHT SMART DECISIONS - Praise execution: "That pass was the right play, even if the shot didn't fall."

8: POINT OUT CONSISTENCY - Recognize steady effort: "You've been locking in on your role every single game."

9: PRAISE THE PROCESS IN FAILURE - Reframe setbacks: "You took the right shot - it just didn't fall. Keep trusting it."

10: CELEBRATE ALL ROLES - Highlight contributions beyond stats: "Your encouragement kept everyone focused and confident."

What is FAMILY?

Faith

Accountability

coMmunication

Integrity

Loyalty

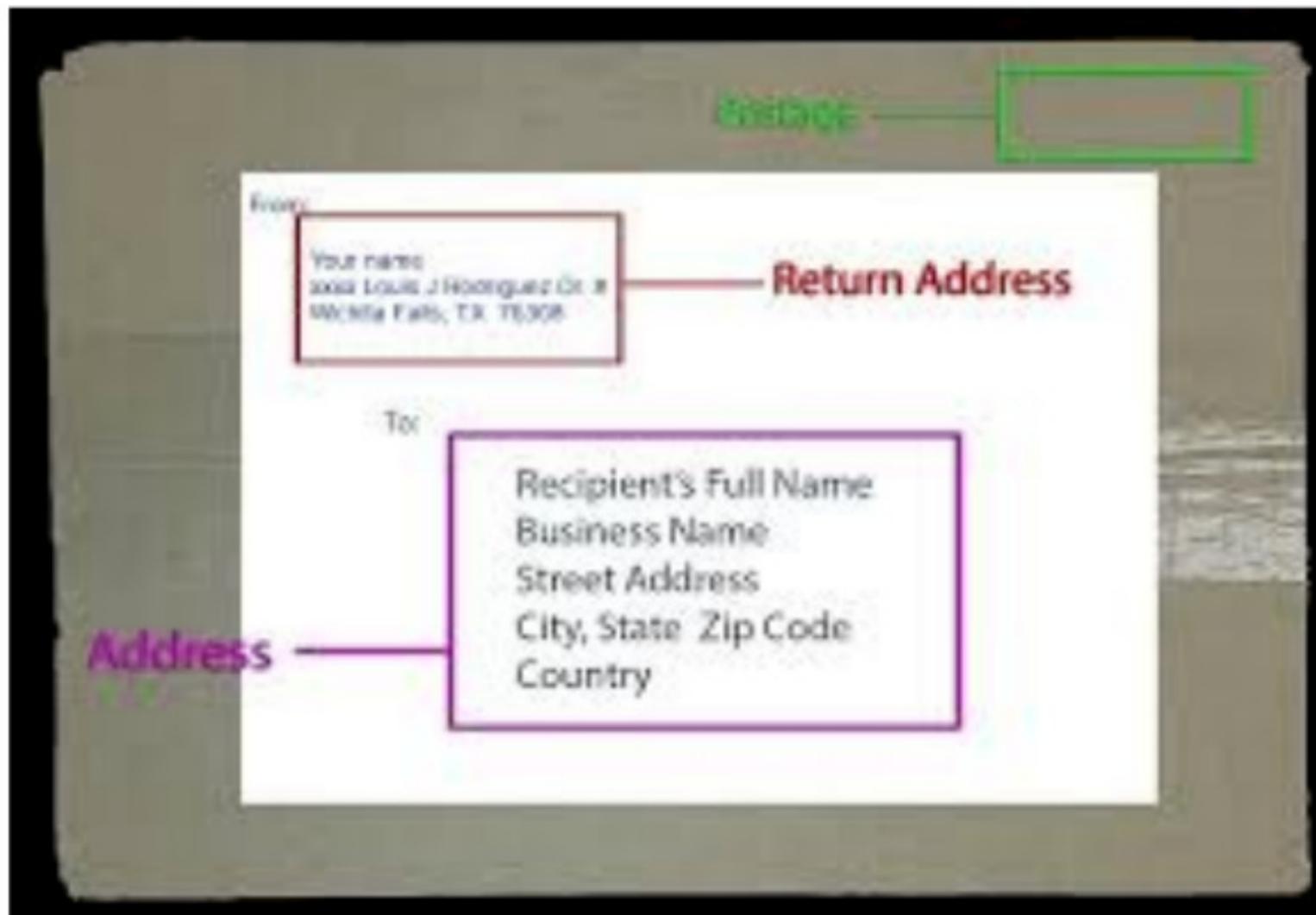
empathY



How to address an envelope

Your Name
Your Address
Your City, State, Zip

Mr. and Mrs. Babu (Chethan)
5205 Colleton Way
Brentwood, TN 37027



III. Gentle Reminders to Calm the Storm

Normalize not knowing what's next and dancing anyway.

Anything you lose by being real was already fake.

Underrated life skill: Sitting in silence without needing to fill it.

The universe responds to who you are, not who you pretend to be.
You can't fake the frequency.

Being human is hard. Please be kind.

Stop asking for permission to exist. The universe already said yes.



Raptor Bites

- Workouts Wed 3–5 pm, Open Gym
- Thursday Float build at Graham's 3:30 pm at 9454 Appleton Ct, Brentwood
- Monday, Sept 29th JV/V Lipscomb University practice visit 3:30
- Character Coach Next Tuesday, Sept. 30th
- Community Service Tuesday Sept. 30 at 4:30 pm.
- Letter to the Babu's to Coach Hooper by Thursday 8 am

